During the school year sessions, girls participate in one empowerment class on Monday and Wednesday and one elective class on Tuesday and Thursday.

**Session 1: September 4th – October 18th**  
**Girls Group:** Girls will have the opportunity to have healthy and open conversation in a safe and comfortable GIRL ONLY space.

**Session 1 Electives:** Tutoring TBD: Girls will help us decide

**Session 2: October 24th – December 6th**  
**Informed and In Charge:** A healthy sexuality class that will assist girls in understanding and embracing sexuality with a positive, empowered approach that is built on a foundation of accurate information, cultural sensitivity, and values of inclusiveness and respect.

**Session 2 Electives:** Tutoring TBD: Girls will help us decide

**Session 3: January 7th – February 21st**  
**Leadership and Debate:** Girls will learn leadership skills and techniques through different debate styles to speak on a variety of social issues in their community.

**Session 3 Electives:** Tutoring and TBD: Girls will help us decide

**Session 4: February 25th – April 18th**  
**Project BOLD:** Girls learn skills and strategies to lead safer lives in their homes, in relationships, in their communities, and online. Girls learn specific self-defense techniques and how to seek out and talk to caring adults about personal violence.

**Session 4 Electives:** Tutoring and TBD: Girls will help us decide

**Other Program Opportunities:**

**STEM Saturdays (monthly)**  
Girls will develop enthusiasm for and skills in science, technology, engineering, and mathematics. Girls must sign-up in advance.

*** Dates will be announced at the beginning of school year programs***
Girls Inc.
Girls’ Bill of Rights

★ Girls have the right to be themselves and to resist gender stereotypes.

★ Girls have the right to express themselves with originality and enthusiasm.

★ Girls have the right to take risks, to strive freely, and to take pride in success.

★ Girls have the right to accept and appreciate their bodies.

★ Girls have the right to have confidence in themselves and to be safe in the world.

★ Girls have the right to prepare for interesting work and economic independence.

MANDATORY Parent Welcome Meeting: ALL parents new or returning must attend one welcome meeting before your girl(s) begin program. Please attend ONE of the following:

August 23rd at 3:30pm OR 5:30pm
August 24th at 3:30pm OR 5:30pm

At this meeting you will complete van pick-up form, receive additional materials, and learn about new expectations for this school year.

*Please note if a parent does not attend an orientation their daughter’s space in program will be forfeited and given to another girl on the waiting list.

** Girls Inc. follows the DPS Calendar and Inclement Weather Procedures. ***

Middle School Programs for girls in 6th – 8th grade

Be Strong, Smart & Bold!

After-School Programs 2018-2019

of Metro Denver

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